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## **Decoding Disengagement: Exploring The Pitfalls When Compassionate Leaders With A Development Focus Fall Short In Employee Commitment**

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<p><b>CC License</b> CC-BY-NC-SA 4.0</p>	<p style="text-align: center;"><b><i>Abstract</i></b></p> <p>Compassionate leadership with a development focus has become a focal point in contemporary organizational discussions. Industries are keen to explore its alignment with core values, integrating it into their culture and operational ethos. Compassion, often described as empathy in action, involves understanding others' perspectives and collaboratively solving challenges. Our research delves into the nuanced impact of compassionate leadership with a development focus on enhancing employee Commitment.</p> <p><b><i>Keywords: Leadership, Compassion, Developing others, Employee Commitment, Culture.</i></b></p>
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## Literature Review

### 1. Compassion's Etymology and Literary Depiction:

The term "compassion," originating from the Latin "compati," meaning "to endure pain with," underscores its fundamental essence as a deeply empathetic response to others' suffering (Oxford English Dictionary). In literary works, compassion is not merely portrayed as understanding pain but involves a profound emotional connection that motivates individuals to actively support and alleviate the afflict of associates (Goetz et al., 2010; Lazarus, 1991). Goetz et al. (2010) go on to define compassion as a conscious desire to comprehend others' pain and actively seek ways to mitigate their suffering, highlighting the dual nature of understanding and the impetus for action (Strauss et al., 2016).

## **2. The Role of Caring in Compassion for Effective Leadership:**

Boyatzis, Smith, and Blaize (2006) accentuate the crucial role of caring in compassion, emphasizing that without this element, compassion becomes transactional and lacks the emotional depth necessary for effective leadership. Their insights shed light on the concept of compassion fatigue, a phenomenon observed in leaders demonstrating high levels of compassion, contributing to increased stress levels. Thus, caring is integral to the genuine expression of compassion in leadership, fostering a deeper emotional connection and sustainable leadership practices.

## **3. Compassion as a Critical Competency for Leaders:**

Gilbert (2017) elevates compassion to the status of one of the most intelligent competencies of mankind, asserting that it needs to be honed and cultivated. In the evolving landscape of contemporary challenges, leaders must possess a high degree of compassion to effectively navigate complex issues. Gilbert's perspective underscores the transformative potential of compassion, positioning it as a key competency for leaders to address the multifaceted concerns of the modern world. Leaders need to be not only competent but also compassionate, actively contributing to the development of individuals within their sphere of influence.

## **4. Exploring the Impact of Compassion on Emotional Safety and Proactive Behavior:**

Hu et al. (2018) delve into the role of compassion in leadership, specifically examining its impact on emotional safety and proactive behavior among subordinates. Their study reveals that compassion exerts a moderate yet positive effect on these outcomes, emphasizing the instrumental role compassion plays in shaping a psychologically safe environment and encouraging proactive initiatives within an organizational setting. This implies that leaders who cultivate compassion contribute to a workplace culture that fosters both emotional well-being and proactive Commitment among their team members.

### **5. Compassionate Leadership with a Developmental Focus:**

Brohi et al. (2021) contribute to the literature by highlighting the significance of compassionate leadership with a developmental focus. Their research suggests that leaders who exhibit compassion with a focus on development positively influence trust within the organizational context. Trust, according to their findings, is a pivotal factor influencing employees' long-term commitment to an organization. This insight underscores the long-lasting impact of compassionate leadership not only on immediate employee Commitment but also on the sustainability of organizational relationships.

In conclusion, the extensive exploration of compassion in leadership literature reveals its multifaceted nature, encompassing empathy, caring, competencies, and developmental focus. Understanding and applying compassion in leadership practices emerge as essential components for fostering positive workplace dynamics and long-term organizational success.

### **Research Intention**

The research aims to investigate the correlation between compassionate leadership, specifically with an emphasis on employee development, and its impact on employee sincerity within the context of software-IT, ITES companies. The primary intention is to discern whether leaders who exhibit compassion, coupled with a dedicated focus on the professional growth of their employees, foster higher levels of Commitment among the workforce in the IT sector.

This research initiative seeks to delve into the dynamics of how compassion, defined as a genuine understanding of employees' concerns coupled with active efforts to facilitate their development, influences their overall Commitment. The focus on IT companies is intentional, recognizing the unique challenges and dynamics prevalent in this industry, and aiming to provide insights tailored to its specific context.

## **Key Objectives**

- 1) To evaluate the extent to which compassionate leadership practices are prevalent within IT companies.
- 2) To assess the correlation between leaders' emphasis on employee development and the overall Commitment levels of employees.
- 3) Understanding the interplay between compassion, leadership practices, and employee Commitment in the IT sector holds significant implications. If the research findings indicate a positive correlation, it could inform leadership strategies and human resource practices in IT companies, fostering a more engaged and motivated workforce. Conversely, if challenges or limitations are identified, the study intends to offer meaningful perspectives for refining leadership approaches in the IT industry.

Overall, the research intends to contribute empirically grounded insights that can guide leaders, HR professionals, and organizational decision-makers in optimizing their leadership strategies, particularly in the unique and dynamic landscape of IT companies.

## **Research Methodology**

The study utilized a survey-based approach to gather data from employees in IT companies, employing online means for accessibility and convenience. Out of the 1000 surveys distributed, 630 responses were received.

## **Survey Instrument**

Respondents were required to answer questions employing a 5-factor Likert instrument, where 1 characterized "Fully differ" and 5 characterized "Fully concur."

This table presents vital statistics for each survey item, offering valuable insights into their impact on the overall scale's reliability.

Scale Mean if Item Deleted: Indicates the mean score on the scale if a specific item is excluded.

Scale Variance if Item Deleted: Highlights the variance in responses if a particular item is omitted.

Corrected Item-Over-all Association: Measures the association involving a specific item with overall scale, correcting for overlapping variance.

Cronbach's Alpha if Item Deleted: Reflects the change in the reliability coefficient if a specific item is excluded.

## **Analysis and Interpretation**

The item "compassion" stands out with a corrected element-over-all relation of .347 and a Cronbach's Alpha of .838 if removed. This implies that a item substantially influences to the scale's internal consistency.

The total trustworthy analysis, indicated by the Cronbach's Alpha coefficient of .842, showcases a high level of inner constancy for the scale.

Variations amongst means and standard deviations across different constructs provide insights into the distribution of responses, allowing for a nuanced understanding of participant perspectives.

## Conclusion

The results imply that the survey instrument demonstrates an enhanced degree of reliability in assessing the targeted constructs.

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item- Total Correlation	Cronbach's Alpha if Item Deleted
Compassion	59.4286	129.345	.347	.838
Developing	58.7968	131.959	.242	.843
Commitment	58.5937	123.889	.527	.830

The analysis of variance (ANOVA) results signifies that the regression approach is in a statistical way very meaningful, as evidenced by the substantial F-statistic of 40.100 ( $p < .001$ ). This implies that, collectively, the predictor variables exert a significant influence on Employee commitment.

The breakdown of sums of squares further elucidates the distribution of variance within the model:

Regression Sum of Squares: 227.260

Residual Sum of Squares: 439.928

Total Sum of Squares: 667.187

These values provide insights into the percentage of variability clarified by the regression model (227.260), the unexplained variance within the model (439.928), and the total variability in the Employee commitment data (667.187).

In summary, the ANOVA results underscore the overall significance of the regression model in predicting Employee commitment, reinforcing the idea that the predictor variables collectively contribute meaningfully to the observed variations in Employee commitment levels.

Model		Sum of Squares	df	Mean Square	F	Sig.
<.051	Regression	227.260	8	28.407	40.100	.000 <sup>b</sup>
	Residual	439.928	621	.708		
	Total	667.187	629			
a. Dependent Variable: Employee Engagement						
b. Predictors: (Constant), , Compassion, Developing,						

The regression coefficients for the predictor variables are as follows:

Model		Unstandardized		Standardized	t	Sig.
		Coefficients		Coefficients		
		B	Std. Error	Beta		
1	(Constant)	2.553	.146		17.547	.000
	Compassion	-.157	.035	-.187	-4.502	.000
	Developing	-.219	.035	-.266	-6.234	.000



a. Dependent Variable: Employee Commitment

**1. Compassion:**

Interpretation: For every one-unit increase in Compassion, there is an estimated decrease of 0.187 units in employee Commitment. The negative relationship is statistically significant.

Risks: Overemphasis on compassion might lead to a perception of leniency or lack of accountability, potentially impacting overall Commitment.

Remedies: Balance compassion with clear expectations and accountability. Provide training to leaders on maintaining a balance between empathy and performance expectations.

Learnings: Acknowledge that while compassion is essential, it needs to be complemented by clear communication and expectations to maintain a motivated workforce.

Impact: A better-balanced approach to compassion can foster a positive work environment, enhancing Commitment and well-being.

Way Forward: Implement workshops or training sessions on compassionate leadership to ensure leaders understand how to balance empathy with organizational goals.

**2. Developing:**

Interpretation: For every one-unit increase in Developing, there is an estimated decrease of 0.266 units in employee Commitment. The negative relationship is statistically significant.

**Risks:** Overemphasis on development without addressing immediate concerns may lead to disengagement due to perceived neglect.

**Remedies:** Combine development initiatives with efforts to address immediate concerns. Conduct regular check-ins to ensure employees feel supported in their current roles.

**Learnings:** Recognize the importance of balancing long-term development with immediate needs to maintain employee Commitment.

**Impact:** A well-rounded development strategy, addressing both short-term and long-term goals, can positively impact employee Commitment and retention.

**Way Forward:** Establish a feedback mechanism where employees can express their development needs and immediate concerns, allowing for a more tailored approach.

### **General Learnings and Impact**

**Learnings:** The findings underscore the complexity of factors influencing employee Commitment. It highlights the need for a nuanced approach to leadership, considering both compassion and development in a balanced manner.

**Impact:** Implementing a more balanced leadership approach can lead to a more engaged and motivated workforce, positively impacting productivity and employee satisfaction.

### **Way Forward**

**Way Forward:** Conduct regular assessments of leadership strategies, seeking continuous feedback from employees. This cyclic method ensures that leadership practices stay adaptable to the changing requirements of the human force.



## **Examples Collected through Interviews of Executives for Mitigating Risks**

- 1) Example of Risk Mitigation: A company noticed a decline in employee Commitment after introducing a compassion-focused leadership program. To mitigate this, they supplemented the program with clear performance expectations and regular feedback sessions, resulting in improved Commitment scores.
  
- 2) Example of Balanced Development: An organization heavily invested in employee development but observed disengagement due to neglect of immediate concerns. To address this, they implemented a holistic approach, combining development initiatives with regular check-ins and addressing immediate issues, resulting in increased overall Commitment.

In summary, a strategic and balanced approach to leadership, considering the nuances of compassion and development, can contribute significantly to sustained employee Commitment. Regular assessments, feedback loops, and agile adjustments are key to maintaining a thriving and motivated workforce.

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